

Implementing Contingency Management: Using an MVP in Your JDC

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- Points of view or opinions expressed in this webinar are those of the presenter(s) and do not necessarily represent the official position or policies of OJJDP or the U.S. Department of Justice.

How many of you attended the first webinar on the Three-Prong Approach?

Poll Question

Learn

Contingency Management
Theories

Privilege-Reduction
Strategies

Understand

Why This Works
with Kids

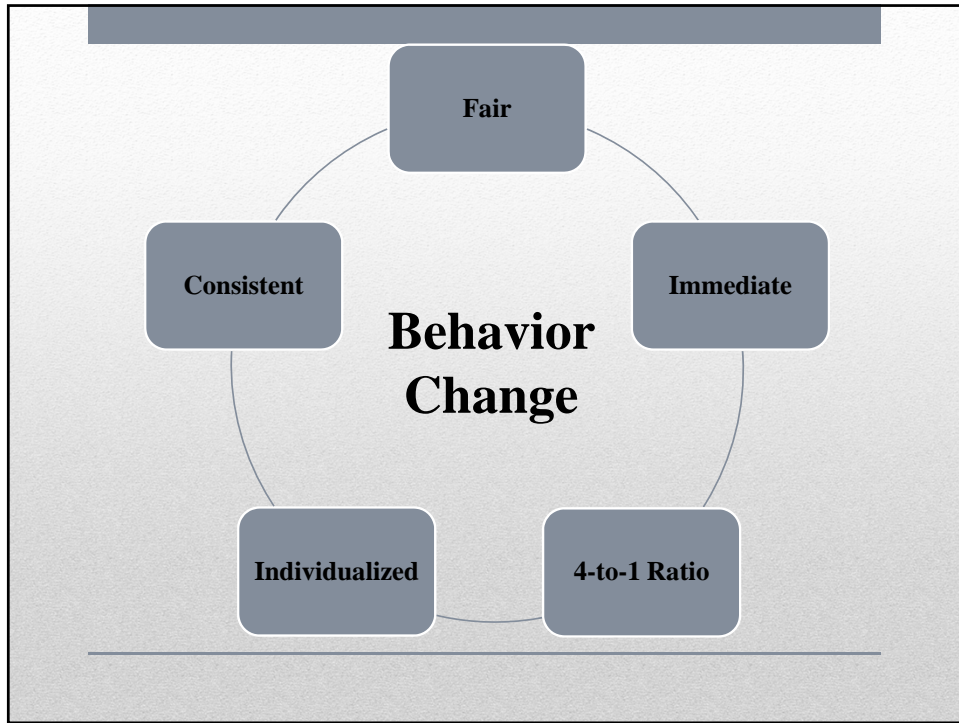
Court's Therapeutic
Response

Implement

Continuum of Responses

Continuous Quality
Improvement

Objectives



iPhone...

2

3

4

5

6



The iWedding band
Now with tracking device

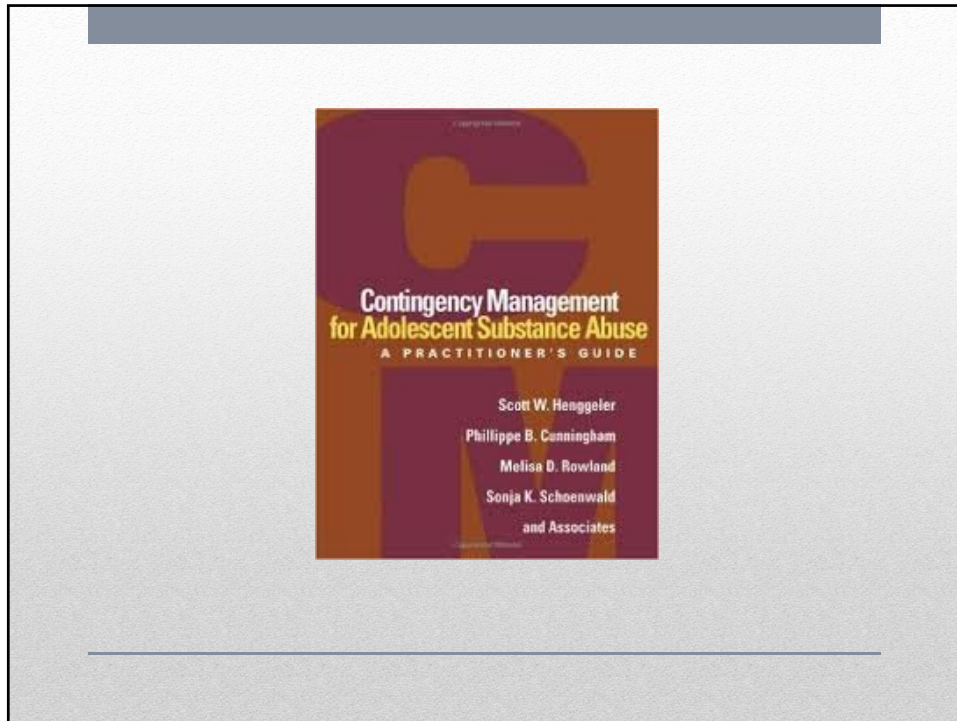
A Three-Prong Approach



“Contingency management incorporates a relatively comprehensive framework in attenuating the negative effects of substance use risk factors while building protective factors such as social skills, family involvement, and contacts with prosocially peers.”

(Contingency Management for Adolescent Substance Abuse: A Practitioner’s Guide by Scott W. Henggeler, Phillippe B. Cunningham, Melisa D. Rowland, Sonja K. Schoenwald, and Associates, p. 3)

What is Contingency Management?



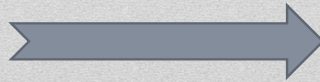
- This is a privilege that the youth values and will work hard to earn
- Work with the youth and family to determine what the MVP is, preferably a family-based reward (i.e., video games, cell phone use, time w/ friends)
- The MVP is given or taken away with each drug screen

(Henggeler et al, p. 107-108)

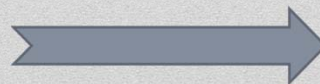
The Most Valued Privilege

When I think about
quitting coffee the
fear is not that *I* will
die...it's that *others*
will die, and I will go
to jail

Write in chat



Write in chat



How comfortable are you with this response framework?

- I love it and want to implement right now!
- I need some more information to help me feel more comfortable.
- This is crazy talk!

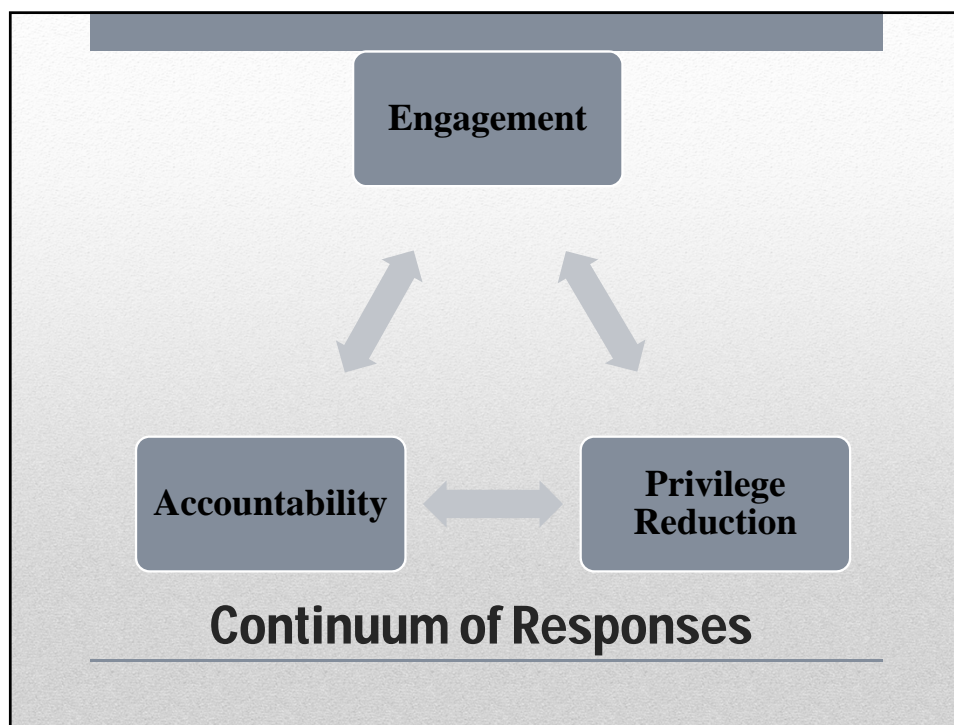
Poll Question

- Theories are based on cognitive behavioral therapy, which has been proven to work with adolescents, and is vastly used in outpatient settings
- Provides for a response to dirty UAs that is fair, consistent, and individualized
- In their study of six juvenile drug courts, Henggeler et al (2006) found stronger outcomes for those youth who received MST *AND* CM than standard process

Why?

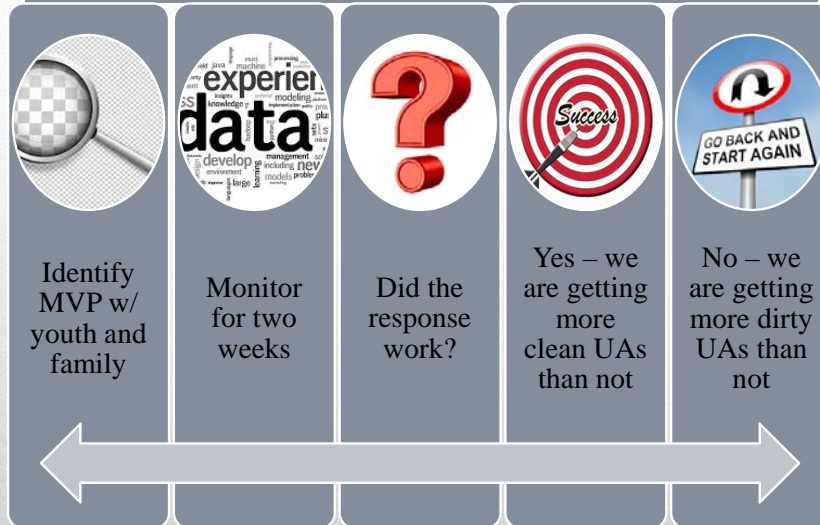
Practical reasons why JDCs should implement CM

- This is the court's therapeutic response
 - Decrease about HOW to respond to dirty UAs
 - Decrease discussion about mitigating factors
 - It will help track incentives and/or sanctions that correspond with clean or dirty UAs.
-

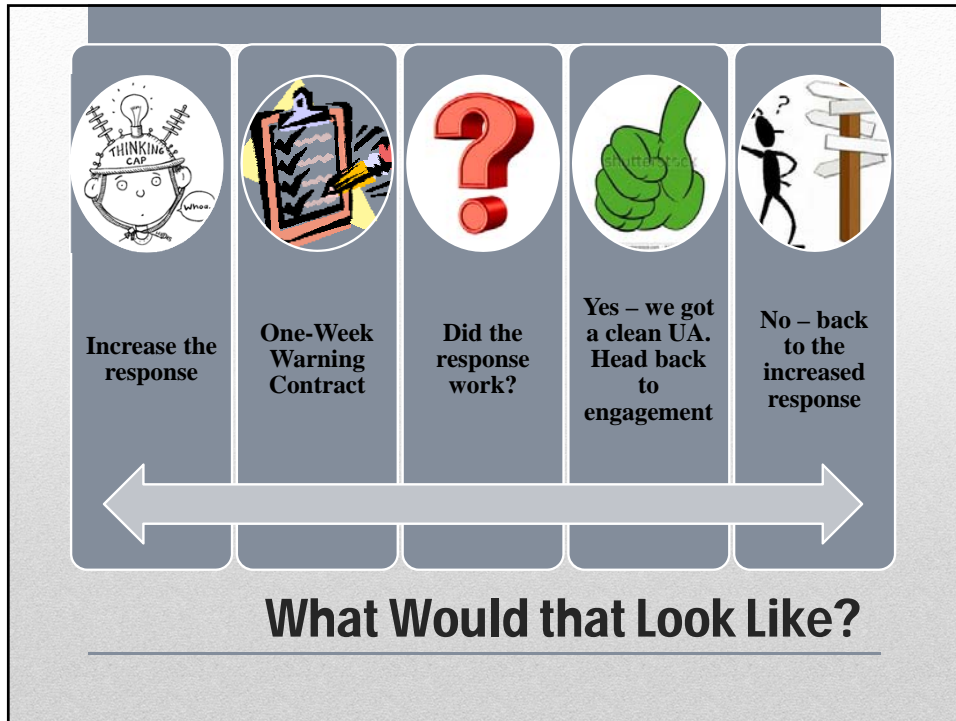


- The team will have to discuss how many times they will “go back to the drawing board” if the MVP selected isn’t working...2, 3 times?
- Then a graduated sanction is put in place
- This process gives the team objective measures to count before a graduated response is put in place (i.e., there were ___ # of times the youth did not earn the MVP)

Things to Consider



What Would that Look Like?



Goal	Compliance	Non-Compliance	Support
Clean UAs this week	Negative test results	Positive test results	Support from the team (extra calls) TX support (conversation to discuss decisions)
Monday thru Sunday	Contract is signed off as complete	1 hour of clean up after court	
Signed by youth, caregiver, and case manager			

Warning Contract

Community Service Hours

- If hours are just piling up...this is no good!
- If the team can't insert immediacy with community service...this is no good!
- If the team isn't incrementally increasing hours...this is no good!

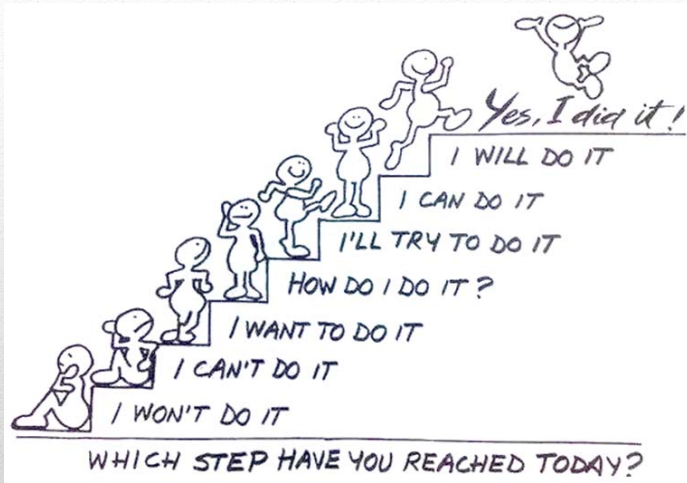
Important!!

When would the team begin this approach?

- Phase One
- Phase Two
- Phase Three
- I don't have enough information



Poll Question



What?
So What?
Now What?



What did you learn?

- *Contingency Management for Adolescent Substance Abuse: A Practitioner's Guide*, by: Scott W. Henggeler, Phillippe B. Cunningham, Melisa D. Rowland, Sonja K. Schoenwald and Associates
- *Making Sense of Incentives and Sanctions in working with the Substance-Abusing Youth: Answers to Frequently Asked Questions* (Juvenile & Family Justice TODAY. 2012, Volume 21, Number 2)
- *Enhancing the Effectiveness of Juvenile Drug Courts by Integrating Evidence-Based Practices* (Journal of Consulting and Clinical Psychology. 2012, Vol. 80, No. 2, 264-275)

Recommended Reading

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Thank You!
